

### MONDAY



### TUESDAY

2  
**Spring Break**

### WEDNESDAY

3  
**Spring Break**

### THURSDAY

4  
**Spring Break**

### FRIDAY



Offered Daily 4/1-4/3: Ham & Cheese Sandwich or Peanut Butter & Jelly Sandwich  
Gluten Free: Grilled Chicken

8  
Chicken Parm.  
on a Kaiser  
  
Chicken Nuggets  
with Dinner Roll  
  
Cinnamon Sweet Potatoes

9  
Chicken Fajita  
with Salsa and Sour Cream  
  
Chicken Nuggets  
with Dinner Roll  
  
Seasoned Steamed Corn

10  
**Breakfast for Lunch:**  
Whole Grain Pancakes  
w/ turkey sausage & syrup  
  
Chicken Nuggets  
with Dinner Roll  
  
Seasoned Carrot Coins

11  
Baked Chicken  
with Dinner Roll  
  
Chicken Nuggets  
with Dinner Roll  
  
Peas

12  
**French Bread Pizza:**  
Cheese or Pepperoni  
  
Chicken Nuggets  
with Dinner Roll  
  
Mixed Vegetables

Offered Daily 4/8-4/12: Ham & Cheese Sandwich or Peanut Butter & Jelly Sandwich  
Gluten Free: Grilled Chicken

15  
Hot Diggity Dog  
  
Chicken Nuggets  
with Dinner Roll  
  
Baby Carrots

16  
**Taco Tuesday:**  
Beef Tacos  
w/ Spanish rice  
  
Chicken Nuggets  
with Dinner Roll  
  
Elote Corn

17  
Hot Ham and Cheese  
on a Kaiser Roll  
  
Chicken Nuggets  
with Dinner Roll  
  
Potato Wedges

18  
Chicken Cheesesteak  
  
Chicken Nuggets  
with Dinner Roll  
  
Mixed Vegetables

19  
Old School Cheese  
or Pepperoni Pizza  
  
Chicken Nuggets  
with Dinner Roll  
  
Steamed Green Beans

Offered Daily 4/15-4/19: Fruit & Yogurt Parfait or Peanut Butter & Jelly Sandwich  
Gluten Free: Hot Dog

22  
**Breakfast for Lunch:**  
Whole Grain Pancakes  
w/ turkey sausage & syrup  
  
Chicken Nuggets  
with Dinner Roll  
  
Sweet Potato Crinkle Fries

23  
Taco Totchos  
w/ buttermilk biscuit  
  
Chicken Nuggets  
with Dinner Roll  
  
Tater Tots

24  
Classic Grilled Cheese Sandwich  
with Tomato Soup  
  
Chicken Nuggets  
with Dinner Roll  
  
Potato Wedges

25  
Crispy Breaded Chicken  
with Dinner Rolls  
  
Chicken Nuggets  
with Dinner Roll  
  
Vegetarian Baked Beans

26  
**Big Daddy's Pizza Slice:**  
Cheese or Pepperoni  
  
Chicken Nuggets  
with Dinner Roll  
  
Mixed Vegetables

Offered Daily 4/22-4/26: Turkey and Cheese Sandwich or Peanut Butter & Jelly Sandwich  
Gluten Free: Sausage and Egg on a Roll

29  
Pretzel Cheeseburger  
  
Chicken Nuggets  
with Dinner Roll  
  
Vegetarian Baked Beans

30  
Beef Nachos  
w/ salsa & sour cream  
  
Chicken Nuggets  
w/ dinner roll  
  
Roasted Mexican Corn

Offered Daily 4/29-5/3: Crispy Chicken Wrap or Peanut Butter & Jelly Sandwich  
Gluten Free: Hamburger

All lunches include a variety of fresh fruit, chilled fruit cup, and choice of milk (skim or 1%)  
Menu Subject to Change



## Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning—many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

[www.liftoffsplayground.com](http://www.liftoffsplayground.com)

## BREAKFAST

Everyday Choices: Assorted Cereal or Gluten Free Cereal

**MONDAY:** Assorted Poptart

**TUESDAY:** Assorted Muffins

**WEDNESDAY:** Waffles

**THURSDAY:** Bagel with Cream Cheese

**FRIDAY:** Banana Bread

Fruit/Juice and Milk offered Daily

### *Fresh Pick Recipe*

#### BAKED SWEET POTATO FRIES WITH GARLIC-LEMON YOGURT DIPPING SAUCE

- 3 Sweet potatoes (cut in half/each half cut in 6 wedges/placed in cold water)
- 1 ½ T Olive oil
- Salt and pepper to taste
- 1 c Yogurt (plain/non-fat)
- 1 t Garlic (minced)
- 1 ½ T Lemon juice
- 1 T Chives (minced)
- 1 T Parsley (minced)

1. Prepare ingredients as directed.
2. Preheat oven to 425 degrees.
3. Drain potatoes and place on paper towel to absorb the water.
4. Spray baking sheet with oil Place wedges on baking sheet.
5. Drizzle the potatoes with the oil and desired salt and pepper.
6. Mix potatoes so they are evenly coated with the oil.
7. Place in oven for 30 minutes or until the potatoes are cooked and crispy on the outside.
8. In small bowl, mix yogurt, garlic, lemon juice, chives and parsley. Serve with the wedges as a dipping sauce.

Menu Subject to Change.

**nutrislice**

Please contact:  
stacie.lyman@sodexo.com  
with any dietary restrictions or questions about your account.

Nutrition Information is available upon request.

**sodexo**